

BASE BULLETIN
VANDENBERG AFB CA 93437-0759

21 February 2001

No. 8

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to <mailto:publishing.management.dci@vandenberg.af.mil> or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to one line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961
Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

a. Need EMSEC training? Look out for a global e-mail announcement called: "PC Training Schedule" by Ms. Lexi Schwartz, from our MCA Contractor. In addition to EMSEC, you will find other security training opportunities for: Unit Computer Security Manager, Computer Certification and Accreditation, and SATE training courses. To register, or for additional information, contact Ms. Lexi Schwartz (Lexi.Schwartz@vandenberg.af.mil). For questions only, not reservations, call MCA at extension 6-3771. (30CS/SCBI, 5-3252)

b. Ordering Controlled Publications and Forms: If your organization needs to order controlled publications and forms (accountable, safeguarded, classified, and FOUO) you must complete an AF Form 1846 with an organizational e-mail address. The AFDPO will no longer accept the use of personal e-mail addresses for the purpose of ordering controlled items. Beginning 5 Mar 01 they will delete accounts that do not have an organizational e-mail address. If your organizational account was opened with a personal e-mail address, you must acquire an organizational e-mail address (contact your Work Group Manager <http://ncc.vandenberg.af.mil/wm.asp>) and complete a revised AF Form 1846. The Organizational Account belongs to the organization, not an individual. Please hand carry revised AF Form 1846's to Publishing Management, Bldg. 6510, Rm. 128. This only applies to those organizations that order controlled publications and forms. If you have already completed the AF 1846 correctly, you do not need to do anything. Call 6-7892/4 for more information. (30CS/SCSPP-DCI, 6-7892/4)

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTTH)

b. Shipping/Receiving Packages via Federal Express: Attention all base organizations that ship and/or receive packages via Federal Express: Under the DoD approved GSA contract, FedEx is authorized to transport unmarked classified packages to up a classification of SECRET. Any packages you receive from FedEx must be treated as classified material until it is determined to be otherwise. When shipping classified items, they must be processed through TMO Cargo Movement unless other arrangements have been made. TMO must be advised of the classification level. Any questions may be directed to MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

OFFICIAL

STEPHEN L. LANNING
Colonel, USAF
Commander

SUSANNE BRIXLER-STaab
Chief, Publishing Management

SECTION III – UNOFFICIAL**Black History Month (BHM) Schedule Of Events:** (30CES/CEOHV, 6-4150)

<u>Date/Time</u>	<u>Event</u>	<u>Location</u>
19-22 Feb 01, TBD	BHM Jeopardy	Services Center, Bldg 10122
24 Feb 01, 1800	BHM Banquet	Pacific Coast Club

An Evening To Remember: Team Vandenberg and the surrounding community are invited to the Black History Month (BHM) Banquet sponsored by 30 SW. The banquet will be held Saturday, 24 Feb 01, at 1800 in the Pacific Coast Club. The attire is semi-formal or Afro-Centric. Come on out and enjoy African-American cuisine and displays of African and African-American art and dancing. Entertainment will be provided by a local band and DJ. Tickets are \$16.00 each and are on sale now through Tuesday, 20 Feb. POCs for the event are MSgt Dwight Daniel/6-4150, or MSgt Quinn Johnson/5-6354. (30CES/CEOHV, 6-4150)

The Non-Commissioned Officers Association (NCOA) BBQ: The NCOA is having a fundraiser /membership drive BBQ on 28 Feb 01 at the Base Exchange parking lot during the lunch period. Menu will include 1/2 chicken, beans, salad, bread and a soda. Cost of meal is only \$5.00. Support your local military community by supporting the NCOA. Anyone who signs up for an NCOA membership by 28 Feb 01 will receive their meal for free. Contact your unit NCOA representative for pre-sale tickets. Tickets can also be purchased on site. For questions, please contact MSgt Brenda Kartheiser at 6-2704.

Community Support Center: Pre-Register for all Classes, Workshops and Seminars. (30MSS/DPF)

a. General Henry H. Arnold Education Grant Program: The Air Force Aid Society, recognizing that higher education costs are rising while more restrictive needs tests are limiting access to loan programs, added a grant program to their list of education financing alternatives. This program provides \$1500 grants to selected sons and daughters of active duty, retired or deceased Air Force members, spouses of active duty members stationed stateside, widows of deceased members, retired AGR Reservists whether or not they are receiving retired pay, Title 10m AGR/Reservists on extended active duty and Title 32 AGR performing full-time duties, for their undergraduate studies. This year the Society hopes to award 5,000 grants. But you've got to apply before 16 Mar 01 to be considered. Visit your AFAS Section for an application today, or go on the internet at <http://www.afas.org/Afasedu.htm>, for an application. For more information, call 5-8551.

b. Cholesterol Education Classes: 21 Feb 01, 1300-1600, or 19 Mar 1300-1600 in the Commander's Conference Room at the base clinic. Is your cholesterol level high? Do you know what your risk factors are? Do you know how to lower your cholesterol? Learn about lifestyle changes, exercise, and medications by attending this class offered by the Cholesterol Management Team at the 30th Medical Group. To register, call Denise Prucey, RN, at 6-7291.

c. WIC Office Comes To You: 22 Feb 01. A satellite office of the Women, Infants, & Children (WIC) Program is at the Family Support Center the 4th Thursday of each month from 0800-1700 for Vandenberg personnel who meet program requirements. WIC is a nutrition education program, and provides supplemental food to promote good health for pregnant, breastfeeding, and postpartum

women, infants and children up to age five. For more information contact Teresa Orozco at 6-4636, or call the Lompoc WIC office at 737-6470 for an appointment.

d. Individual Retirement Accounts: 23 Feb 01, 1300-1400. Today's IRA's offer greater flexibility and incentives for saving than ever before. Learn how to determine the best IRA choice for you and your family. To register call 6-4491.

e. Single Parents Support Group: 27 Feb 01, 1100-1230 at the Pacific Coast Club. This is an informal group for individuals who are dealing with divorce and single parenting. Pre-Registration not required. For more information, call 6-9958.

f. Tobacco Cessation Program: A 6-session class conducted at the HAWC. Class begins 27 Feb 01 through 3 Apr 01, 1200-1330. Topics covered are reasons why people smoke, effects of smoking, why people can't quit. Prescriptions for nicotine patch or Zyban are available. Call 6-2221 to register.

g. Interviewing and Dress for Success: 28 Feb 01, 1400-1630. Make a statement, and get the job! Learn what to wear and what "not" to wear. Learn tips to dress for your interview and workplace. To sign up, call 5-8557.

30th Services Squadron (30 SVS/SVK, 6-0276)

a. Pacific Coast Club (For details on any club functions please call 734-4375 or 734-4376).

Entertainment

- Every Friday **Members Only Social Hour.** 1700. Complimentary snacks.
- Every Friday **Club Card Drawing.** 1800. \$300 pot every Friday, must be present to win. If no one wins, we add \$25 to the pot each week until there is a winner.
- 24 Feb 01, 2100-0200. Every Saturday it's **DJ in the Hawk's Nest.**
- 28 Feb 01, 1900-2300. **Karaoke Night** in the Hawk's Nest.

Menu

- **Lunchtime Potato Bar:** The club now has a lunchtime potato bar available Mon-Fri. Baked Potato with unlimited toppings including Chili & Cheese, and a small salad just \$3.95.
- **Lunch Time Buffet:** Monday – Italian, Tuesday – Mexican, Wednesday – Santa Maria BBQ, Thursday – Chicken & Ribs, Friday – Seafood.
- **Sunday Brunch:** 25 Feb 01, 1000-1300. Adults - \$9.95 / Children 4-12 - \$.75 per year / Children under 4 Free.
- **Fat Tuesday:** 27 Feb 01. New Fat Tuesdays Cajun Buffet - \$9.95
- Tuesday and Thursday Dining menu, 1800-2000.
 - 20 Feb 01. **BBQ Pork Ribs and Chicken Buffet.** All you care to eat - \$8.95
 - 22 Feb 01. **2 For 1 Smoked Pork Chop** with baked apple - \$11.95
- **Foggio's:** Now call and order ahead at 5-7800.
 - **Expanded Menu:** Now, all your lunch favorite lunch items can be ordered at night.
 - **February Special:** Monday night is Pizza Night. Large Cheese Pizza for just \$7.50 (\$1.25 per additional topping). Pick-up orders only. Offer good Mondays after 1700.
 - **March Special:** Purchase a two-topping pizza and get a free family order of salad and bread sticks.
 - Beginning in March, **Foggio's will be open on Sundays**, 1500-2000, with a "Light" menu.
 - New in March, **New "Small" Pizza** Size. Cheese starting at \$5.25. Just right for an individual meal.
 - New in March, **New Pizza Toppings.** Sun-Dried Tomatoes and Shrimp.

b. Fitness Center: (30SVS/SVMP, 6-3832)

- **Ongoing Classes:** The Fitness Center has classes in Karate, Aerobics, Yoga and more. Stop by the Fitness center for the current schedule. For more information, call 736-6213.
- **Biathlon:** 24 Mar 01, 0900. 5K or 15K Bike Ride. Start training today.

c. Family Aquatics Center: (30SVS/SVRO, 6-3581)

- **Central Coast Marlins:** The Family Aquatics Center is offering a year-round competitive swim team for children ages 5-18. There are three programs based on experience and skill level. Stop by the Aquatics Center and check it out. The first week is free.
- **Help Wanted:** Are you looking for an exciting summer job as a lifeguard or swim instructor? The VAFB Family Aquatics Center is seeking qualified, responsible and motivated individuals to join our summer staff. If you are interested, please call Jennifer at 6-3581.

d. Bowling Center: (30SVS/SVK, 6-3209)

- **Thunder Alley/Rock 300:** Thursday, 1800-2100, Family Night. Friday, 2200-0100, Thunder Alley/Rock 300. Saturday, 2100-2400, Thunder Alley/Rock 300.
 - **4 Games Across 8 Tournament:** 24 Feb 01. Check in is at 1730, bowling begins at 1800. Cost is \$20 per entry. This is a handicap event.
 - **Eat And Bowl:** Bowl three games, plus get a hamburger, fries and large drink for just \$6.50.
- e. **Services Center:** (30SVS/SVYR, 5-8974)
- **Touch-a-Truck Day:** 24 Feb 01, 0900-1200 at the Parade Grounds. Free to everyone. Bring the kids for a close-up look at the various large trucks used on the base.
 - **New Natural Knead Massage Therapy:** Located in the Services Center. Gift certificates and evening appointments are available. Credit Cards accepted. For an appointment call 5-4748 or 717-9088.
 - **Country Line Dancing:** Ongoing FREE dance lessons at the Service Center. Wednesday, 1830-2100.
- f. **Youth Center:** (30SVS/SVYY, 6-2152)
- **Preschool Has Arrived:** The Vandenberg Youth Center will be starting up two preschool sessions 24 April 01. Session 1 will run Tuesday & Thursday from 0900-1130 (ages 3-4). Session 2 will run Monday, Wednesday, Friday 0900-1130 (ages 4-5). Limited to 24 children per session. For more details this new program and registration information, contact the Youth Center at 6-2152.
 - **Youth Softball:** Late Registration for the new Diana Youth Softball League will run through 2 Mar 01. Open to youths age 6-13 although limited slots are available. Cost is \$40 for registration. Stop by and sign up at the Youth Center today!
 - **Youth Baseball:** Registration for the Youth Baseball League is open through 3 Mar 01 or until teams are full. The Baseball League is for ages 5-13. Cost is \$40 for registration. Don't miss out! Sign up at the Youth Center today!
 - **Coed Fast-Pitch Softball:** The Youth Sports program is working to establish a softball league for youths age 14-16. Those interested should contact the Youth Center and get on the signup list. Currently, thirty more players are needed to start the league.
- g. **Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
- **Ladies Priority:** Every Wednesday 0830-0900.
 - **Tuesday Special:** All active duty Green Fees are half price and carts are available at 9 hole rate.
 - **Wednesday Special:** All carts can be rented for a 9-hole rate, and range balls are half off.
 - **Thursday Special:** All retired military get carts for the 9 hole rate.
 - **Friday Special:** All contractor and guest green fees are \$10 off every Friday.
- h. **Rod & Gun Club:** (30 SVS/SVRO, 6-4560)
- **Open Skeet:** Open skeet and trap shooting every Wed, Fri, Sat and Sun at 0830, except for special events.
 - **Five Stand Sporting Clays:** 2nd and 4th Tuesday each month.
- i. **Outdoor Recreation:** (30SVS/SVRO, 6-0960)
- **Eco-Challenge:** Outdoor Recreation is seeking volunteers to head a planning committee for an Eco-Challenge at Vandenberg. Anyone interested should contact Michael Renner at 6-5908.
 - **Mountain Bike Ride:** 11 Mar 01. Mountain Bike Ride for beginning/intermediate level riders. Cost is \$5 per person. Signup through Outdoor Rec by 2 Mar 01. Bikes are available to rent with prior arrangements. Contact Michael Renner at 6-5908 for more information.
 - **Rafting Volunteers:** The VAFB Rafting Team is seeking volunteers for their White Water Guide School. Anyone interested may contact Outdoor Rec at 6-5908.
- j. **Human Resources:** (6-8906)
- **Jobs Available:** The Human Resources Office has jobs available for off-duty military, family members and civilians. For a list of current positions call the job information line, 6-8743 or stop by Bldg 11777, Room B-109 for an application.

Education Services & Human Resources Flight - Scholastic Aptitude Test (SAT): 24 Feb 01. The next Scholastic Aptitude Test (I) is scheduled for Saturday, Feb 24, 2001 at 8:00 a.m. in Bldg 14002 provided enough people are scheduled. This test is for military personnel only. The SAT I is a

three-hour test, primarily multiple-choice, that measures verbal and mathematical reasoning abilities. SAT scores are required for various commissioning programs. Call Debbie Johnson, at ext. 5-5902, for an appointment. (30MSS/DPHS, 5-5902)

Personal Computer Training Class Schedule: (30CS/MCA, 6-3771)

Listed below is a current 30 SW personal computer systems training schedule. Classes are open to active duty military and DOD employees only. Walk-ins are welcome on a space available basis. To register, or for additional information, contact Ms. Lexi Schwartz via base email. If you do not receive a confirmation of your registration within two days, please contact us to see if we did receive it. For questions only, not reservations, call 6-3771. You will probably reach an answering machine, so please leave a message and we will call you back. The classes do not require knowledge of the individual programs but a working knowledge of Windows is required. We recommend taking the classes in the following order: Word; Excel; PowerPoint; Access.

New Classes:

a. Palm PDA— Beginning. This class is for those who have a Palm OS PDA (Personal Digital Assistant) and want to learn how to use it. Awareness of using it on a base network, how to get the most of the Palm, and installing applications are covered.

b. Palm PDA— Day Planning. This class is for those who are comfortable using their Palm PDAs but are looking for ways to make life faster and easier, how to get the most out of the device.

c. Computer Based Training (CBT) Facility: In addition to the existing traditional instructor led courses offered at the computer training facility located within Bldg. 9360, MCA Engineers, Inc. also reserves specific 4 hour blocks of time for those students interested in completing Computer Based Training (CBT) courseware. This provides an alternate method for those military or DOD civilians who are unable to satisfactorily complete CBT's at their Personal Computer in their regular work environment. Currently, eight of the twelve available seats are reserved for use by Workgroup Managers. Openings are available most days from 08:30-11:30 and 12:30 to 16:00. Call to schedule.

Classes are held in Building 9360. Take Washington to Nevada, turn west on Nevada, turn onto 4th Street, we're the last building on the right.

Dates	Class Name	Instructor:	Time	Open Slots	Wait List
Instructor Led					
February 2001					
2/12-16	Access 97 Advanced	Lexi Schwartz	08:00-11:30	7	0
2/12-13	Outlook	James Wooding	12:30-16:00	0	1
2/16	Outlook Email Only	James Wooding	12:30-16:00	0	0
2/20-23	PowerPoint 97	James Wooding	08:00-11:30	0	3
2/20	Excel 97 Advanced	James Wooding	12:30-16:00	7	0
2/21	Word 97 Advanced	Lexi Schwartz	12:30-16:00	0	1
2/23	Outlook Email Only	James Wooding	12:30-16:00	0	0
2/26-2	Access 97	Lexi Schwartz	08:00-11:30	0	5
2/28-2	Excel 97	James Wooding	12:30-16:00	0	1
March 2001					
3/5-7	Word 97	Lexi Schwartz	08:00-11:30	4	0
3/5	Outlook Email Only	James Wooding	12:30-16:00	0	0
3/6-9	PowerPoint 97	James Wooding	12:30-16:00	5	0
3/12-15	Project 98	Lexi Schwartz	08:00-11:30	11	0
3/12	Outlook Email Only	James Wooding	12:30-16:00	0	0
3/13	Intro to Computers	James Wooding	12:30-16:00	13	0
3/14	Palm PDA - Beginning	James Wooding	12:30-16:00	2	0
3/15-16	Outlook	James Wooding	12:30-16:00	0	1
3/16	Palm PDA Day Planning	Lexi Schwartz	12:30-16:00	12	0
3/19-21	Excel 97	James Wooding	08:00-11:30	1	0
3/19	Outlook Email Only	Lexi Schwartz	08:00-11:30	0	0
3/19-23	Access 97	Lexi Schwartz	12:30-16:00	0	4
3/20	Outlook Email Only	Lexi Schwartz	08:00-11:30	0	0
3/22	Outlook Email Only	James Wooding	08:00-11:30	0	0
3/23	Excel 97 Advanced	James Wooding	08:00-11:30	13	0

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3/26-30	Access 97 Advanced	Lexi Schwartz	08:00-11:30	10	0
3/26	Outlook Email Only	James Wooding	08:00-11:30	0	0
3/27	Outlook Email Only	James Wooding	12:30-16:00	12	0
3/28-30	Word 97	James Wooding	12:30-16:00	9	0
Security					
February 2001					
2/14	SATE Managers	Dianne Raynor	08:00-11:30	9	0
2/28	EMSEC Training	Dianne Raynor	08:00-11:30	10	0
March 2001					
3/14	Certification & Accreditation	Dianne Raynor	08:00-11:30	0	0